

Did you know?

School readiness isn't about knowing the alphabet.



Readiness includes routines, independence, confidence and everyday skills, including:

Social & Emotional

These skills help children understand their feelings, manage big emotions, build friendships and take turns.

Communication

Good communication helps children express their needs, follow instructions and build strong connections with teachers and peers.

Fine Motor

Activities like drawing, cutting, using scissors and closing up bottles strengthen hand muscles needed for writing, self-care and more.

Learning Skills

Problem-solving and following steps help children stay engaged and understand new concepts.

Family Support

Consistent routines, encouragement and positive relationships help your child feel safe, confident and ready to take on new challenges.

Concerned about your child's development?
Talk to our children's therapy experts today!
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